

We're Social!



Surf Action

SUPPORTING MILITARY VETERANS
& THEIR FAMILIES

KIDS SURF SQUAD

- outside classroom
- inclusion for all



SUPPORTING FAMILIES

Service families may suffer psychological injuries which are not visible wounds, but the effects these wounds have on families can be devastating. The impact on children is often lost amongst finding support and the journey to recovery.

Change can be unsettling for any child, and forces children experience more than most. Routine is an important factor in coping with change.

Our surfing activities help families to engage with regular activity, build friendships and have fun.

"GET ON BOARD"



www.surfaction.co.uk

WEEKLY SESSIONS INCLUDE:

- Surfing
- BodyBoarding
- Beach Safety
- Environmental Awareness

Every Tuesday & Thursday: 10am - 1pm

FOR MORE INFORMATION, PLEASE CONTACT US:

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